



ASSISTED LIVING,
NURSING AND
REHABILITATION CENTER

News Notes

January 2012

Administration News

Joyce Malin, RN, NHA

We hope that you have all had a busy, happy holiday season. With the “magic” of technology through a computerized photo frame, it has been interesting to observe the growth and maturation of grandchildren (not to mention ourselves) over the past several family gatherings. What fond memories we build and store! How we use this resource of memory is dependent upon the situation. When recent memory fails, our long-term memory is a source of conversation and comfort. Why not use this resource when you visit when increased lapse of memory makes visiting difficult? Bring in photo albums with family gatherings and discuss the reason for the event, the people present and how everyone there is related. Talk about the foods that were served and even the time and effort that went into the preparation of the meals. What were some of the most favored dishes? From whom did the recipe come – which Mother, Father, Grandma, Grandpa, Aunt, Uncle or Cousin? Whose home was the most frequent site of family gatherings? Why did the family gravitate to this home? What other traditions did your family observe? Reading back over this message, I see what an important role the family is to our lives and hope that each of us will continue to build that relationship.

LABEL ALL those new clothes that have come into the facility. Whether or not we complete the laundry for you or you take it home, all articles should be labeled in an inconspicuous area.

Just a heads up for what to expect: We will be installing a new nurse call system so you will see service people working on ladders in rooms and hallways.

Carlene Freeman, LCSW-C

Social Work News

Privacy with HIPAA

One day while at work a well meaning individual approached me and said he thought that the person he was visiting was very ill, he wanted to know what the facility was doing about making his friend better. I did not know who he was except that he visited the resident several times. He was not an identified family member with authorization to discuss the resident’s care with staff. This individual was well meaning and at that point only wanted to know that his friend could be well. I could not respond to his enquiries because of HIPAA regulations.

The Health Insurance Portability and Accountability Act (HIPAA) of 1996 is a combination of regulations put in place to reduce fraud, waste and abuse in the health care industry. One of its tenets is that it has strict security standards for the protection of personal health information by setting parameters for disclosure of patient information.

It limits who can look at and receive your health information. At Hillhaven, the staff is not allowed to discuss a resident’s health and care without the written permission of the resident or the person having legal responsibility for the resident.

To ensure that a person’s health information is protected but does not interfere with their health care, the law allows for sharing of information. Some entities who are entitled are doctors and hospitals to make sure that care is provided within expected standards, emergency medical personnel, public health agencies, law

enforcement agencies, and state agencies like adult and child protective services.

If you would like to know more about HIPAA you can go to the following web address,
<http://www.hhs.gov/ocr/privacy/hipaa/understanding/index.html>

Katherine Bowles, ADC Activities News

A December To Remember!

Our residents had the pleasure of enjoying a record number of holiday programs and events for the month of December. It was certainly a December To Remember with close to 50 additional programs scheduled.

I would like to thank all of our family members who joined us for the Annual Resident/Family Holiday Party. There were over 75 people in attendance and everyone stated that they enjoyed themselves. A special thank you to Marie Henry-Spence, Dietary Manager and her entire staff for going above and beyond to provide a wonder menu for this event!!

Upcoming Special Events!

Friday, January 6th @ 2:30p – Red Hat Social Tea Party in the Great Room
Monday, January 9th @ 3:30p – St. Mark’s Catholic Mass in the Great Room
Tuesday, January 10th @ 2:30p - Elvis Party w/ Bill Cole in the Great Room
Wednesday, January 11th @ 2:30p – Gourmet Group & Social in the Country Kitchen
Friday, January 13th @ 2:30p – “Remembering the 60’s” with Marna Cary from PG County Library in the Great Room
Sunday, January 15th @ 11:00a – MLK Dance Performance in the Great Room
Friday, January 20th @ 10:00a – St. Joseph Catholic Mass in the Great Room
Friday, January 20th @ 2:30p – Auction Social in the Great Room
Saturday, January 21st @ 4p – Ottley Music School Concert in the Parlor
Sunday, January 22nd @ 11:00a – Guitar Concert w/ Students of Matt Arbach in the Great Room

Thursday, January 26th @ 2:30p – St. Camillus Catholic Mass in the Great Room
Friday, January 27th @ 2:30p – Happy Hour Social in the Great Room
Saturday, January 28th from 2-4p – Marathon Bingo in the SNF3 Dining Room.

Mark Your Calendars!!!

Valentine’s Day Mylar Balloons will be sold in the Activity Department as a fund raiser on Monday, February 13th & Tuesday February 14th 2012.